NAS-	SECTION A: NURSING SERVICE ORGANIZATION CHAPTER 2: STANDARDS OF NURSING PRACTICE AND CARE
Connecticut Valley Hospital Nursing Policy and Procedure	Policy and Procedure: 2.7.4 Psychiatric Security Review Board (PSRB)
Authorization: Nursing Executive Committee	Date Effective: May 1, 2018 Scope: Connecticut Valley Hospital

## **Standard of Practice:**

The nurse implements nursing interventions designed to promote an optimal level of functioning under PSRB commitment.

## Measurement Criteria:

- 1. The nurse collects objective and subjective data to assess the patient's:
  - Understanding of the purpose and functions of the PSRB.
  - Understanding of the Forensic Treatment Team role and responsibilities.
  - Understanding of personal rights and responsibilities.
  - Understanding of behavior as perceived by others.
  - Recognition of symptoms and maladaptive behaviors which may lead to dangerous actions.
  - Understanding of personal mental illness and/or character disorder.
  - Level of functional impairment.
  - Mental/emotional/physical/spiritual health.
  - Understanding of discharge criteria.
- 2. The nurse notes actual or probable alterations in the patient's bio/psycho/social status which may have contributed to his/her psychiatric/legal status.
- 3. The nurse collaborates with the patient to identify needs and establish realistic goals such as to:
  - Understand the purpose and function of the PSRB.
  - Understand the role and responsibilities of the Forensic Treatment Team.
  - Understand requirements and expectations of the PSRB.

- Recognize symptoms and maladaptive behaviors which may lead to dangerous actions.
- Cultivate appropriate support systems.
- Understand the importance of treatment compliance.
- Develop effective coping skills.
- Identify appropriate discharge plans.
- 4. The nurse designs and implements interventions which help the patient to:
  - Adjust to long-term confinement.
  - Accept the losses incurred by PSRB commitment.
  - Identify and minimize behaviors which pose a danger to self or others.
  - Accept responsibility for personal actions.
  - Recognize the importance of treatment compliance.
  - Develop and utilize effective coping skills.
  - Adjust to the stigma of being an insanity acquittee.
  - Utilize and improve upon existing social and vocational skills.
  - Prepare for discharge to a less secure setting.
- 5. The nurse regularly evaluates the patient's response to interventions and reviews goal attainment with the patient.

## Standard of Care:

The patient is provided nursing care designed to promote an optimal level of functioning under PSRB commitment in a secure setting.

Measurement Criteria - The patient:

- Understands the purpose and functions of the PSRB.
- Understands the role and responsibilities of the Forensic Treatment Team.
- Understands his/her rights and responsibilities.
- Understands the consequences and ramifications of the behavior that resulted in PSRB commitment.
- Can identify behaviors which impede transfer to a less secure setting.
- Adjusts to communal living in a secure setting.
- Acquires and/or maintains social skills.
- Identifies vocational interests and strengths.
- Utilizes appropriate coping skills.
- Prepares for transfer to a less secure setting.